

| Montag                      | Dienstag                 | Mittwoch | Donnerstag                  | Freitag                 | Samstag | Sonntag                                 |
|-----------------------------|--------------------------|----------|-----------------------------|-------------------------|---------|---|
|                             |                          |          |                             | 9.15-10.00 Uhr          |         | 10.00-11.00 Uhr                         |
|                             |                          |          |                             | Fun-Cycling<br>Mit Anne |         | Indoor Cycling Mit wechselnden Trainern |
|                             |                          |          |                             |                         |         |   |
|                             |                          |          |                             |                         |         |   |
|                             |                          |          |                             |                         |         |   |
| 18.35-19.35 Uhr             | 18.30-19.30 Uhr          |          |                             |                         |         |   |
| Indoor Cycling<br>Mit Sören | Indoor Cycling Mit Irina |          |                             |                         |         |   |
|                             |                          |          |                             |                         |         |   |
|                             |                          |          |                             |                         |         |   |
|                             |                          |          |                             |                         |         |   |
|                             |                          |          | 18.45-19.45 Uhr             |                         |         |   |
|                             |                          |          | Indoor Cycling<br>Mit Sören |                         |         |   |
|                             |                          |          |                             |                         |         |   |
|                             |                          |          |                             |                         |         |   |
|                             |                          |          |                             |                         |         |   |